

# GRIEF RECOVERY

## 2021 - 1ST QUARTER GROUP DATES

### GRIEF RECOVERY GROUP PROGRAM

This 8-Week Group Programs provides specific tools to help you recover from your loss, due to death, divorce or the more than forty other losses that can cause grief. Pre-registration is required. 7:00-9:00 PM \$250.

#### Winter 2021

February 2  
February 9  
February 16  
February 23  
March 2  
March 9  
March 16  
March 23

### HELPING CHILDREN WITH LOSS GROUP PROGRAM

This 4-Week adult program will teach you how to communicate with the children or teens in your care about the losses they have experienced and those they might yet face. Pre-registraion is required. 7:00-9:00 PM \$120.

*Due to quarantine restrictions, the 2021 dates are to be determined. Please email [Gina@scvGriefRecovery.com](mailto:Gina@scvGriefRecovery.com) if you would like to know when the group will begin.*

### INTERESTED IN LEARNING MORE?

Contact: Gina Thompson, Certified Grief Recovery Specialist®  
661-510-9593 • [Gina@scvGriefRecovery.com](mailto:Gina@scvGriefRecovery.com)  
Visit: [www.scvGriefRecovery.com](http://www.scvGriefRecovery.com)

(The Grief Recovery® Group Program, led by Gina Thompson, is free for Military Veterans)

